

Resumen

We present a Portuguese neuropsychological intervention program, adapted from the program REHACOP Spanish.

Initially thought to be working with specific populations (psychosis, schizophrenic), currently in progress, interventions with other samples (children, adolescents, senior people), with and without difficulties, in a recovery and/or preventive logic, in several contexts, including education.

It is a comprehensive and structured program with 8 intervention modules: attention (sustained, selective, divided, flashing) and concentration, language (syntax, grammar, vocabulary, verbal fluency, figurative language), memory (learning and memory), executive functions (planning, reasoning), activities of daily living (basic, instrumental, complex), social skills (basic skills, assertiveness, communication, conflict management), social cognition (emotion recognition, social reasoning, theory of mind, moral dilemmas) and psychoeducation. It consists of two guides, a total of 300 exercises.